



Session #7: PRESENCE

Purpose of the Session: Understanding the meaning of PRESENCE and the impact it has on success.

AGENDA

I. Check-in

1. Introduce yourself
2. State your mindset coming into the meeting
3. Prepare to be in this moment, engaging and listening to others.

II. Discussion Questions

The Components of Presence

1. How many of the *Things that Ruin A First Impression Immediately* do you think you do well and how many do you need to work on? Compare your list to your Coaches assessment of the first time he/she met you.
2. Were there any Components that you were surprised to see on the list? Why?
3. Which of the Presence Components are your best? Which ones will be the most difficult to work on and achieve?
4. Does Improving your Presence Mean You're an Imposter?
5. Which of the 5Ps did you hear in her story?
6. When have you felt like you were "faking it"? What were you working to become?

The Impact of Presence

1. What do you believe the people involved in HA have in common?
2. Why would living the 5Ps make you a 'leader'?
3. Thinking of the teams or groups you've been a part of, have you or someone else had an influence on the culture? How was it done? What impact did it make - good or bad?
4. Can you imagine an example of how your presence could positively influence someone?

III. Student Homework (ongoing)

1. Congratulations on becoming a Certified 5 Practice Leader! Be sure to include this in your LinkedIn profile under Licenses & Certifications - have questions on how to do this? Reach out to handshake@handshakeamerica.org
2. Be on the lookout for your exclusive access to our [Handshake America Alumni Locker Room](#)
3. Update us with your personal email address (not your high school-issued email) so we can stay in touch about news & upcoming events (can provide to Coach or Jared Weston)

IV. Check-out

1. What's your biggest takeaway from this PRESENCE session and why?
2. Take a quick video (*landscape mode preferred*) of your team introducing themselves (full name, school, & biggest takeaway from the program).
3. Record a separate Team video saying "Thank You!" to our donors and volunteers who make this program possible.
4. Email (handshake@handshakeamerica.org) or text your videos to Jared Weston (614-980-3128), within 24 hours of your meeting.