

SUCCESS

The accomplishment of an aim or purpose

Success is peace of mind that is a direct result of self-satisfaction in knowing you did your best to become the best you are capable of becoming – John Wooden

Success is the ability to go from one failure to another with no loss of enthusiasm – Winston Churchill

I'm not a failure because I didn't succeed, I'm a failure because I didn't try – Kev Twine, fictional TV character

Before the 5Ps for Success can be explained, we first must describe what “success” is. If you search for the definition you may find this: *the accumulation of possessions or attainment of power, prestige or fame*. We DO NOT subscribe to that definition but unfortunately, many people do. However, there are many successful people who never made a lot of money, or had a big title, or received a lot of recognition. But they raised and supported their families, were respected, and did their best with what they had. Conversely, there are also people who didn't do their best, wasted their talent, and fell way short of even their own expectations. These people may live out their lives blaming others or thinking of what might have been. To Wooden's point, they don't have the *peace of mind* because they aren't *self-satisfied*.

The students in our Program have been raised in different situations as it relates to their family structure, household income, school quality and general resources, but they all have two important characteristics – Grit and Coachability. They've fought through obstacles and they know they can learn to get better. With those basic qualities, they can certainly become a success. Handshake America strives to provide them with examples of what 'very good' looks like and how it is achieved. We encourage them to become the *best they are capable of becoming...or in a word, successful*.

Successful People vs. Unsuccessful People

- ✓ *Read every day vs. watch TV everyday*
- ✓ *Compliment vs. criticize*
- ✓ *Embrace change vs. fear change*
- ✓ *Forgive others vs. hold a grudge*
- ✓ *Continually learn vs. think they know it all*
- ✓ *Accept responsibility vs. blame others for their failures*
- ✓ *Have a sense of gratitude vs. have a sense of entitlement*
- ✓ *Set goal and develop life plans vs. never set goals*

Did you notice the list didn't refer to titles, money, of material achievements?